

Lunch Menu - Monday 1st October

Starters

Green curry with dolly fish

Potato and leek soup with croutons (V)

Tuna with young sunflower leaves salad

Main Courses

Stir fried pork with holy basil leaves

Chicken steak in a creamy sauce with seasonal vegetables

Crispy deep fried veggie salad (V)

Spaghetti with pepper and mushrooms (V)

Sides

French baguette (V)

Choice of steamed riceberry rice or steamed white rice (V)

Salad bar selection (V)

Desserts

Seasonal fruit (V)

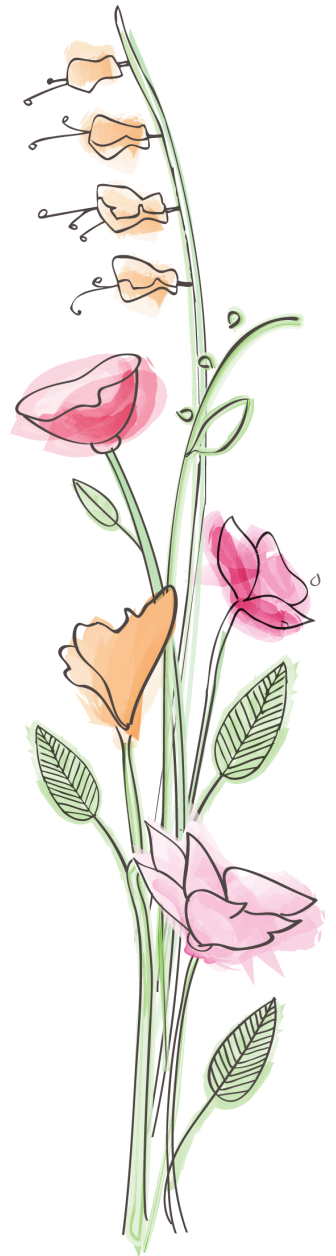
Cereal in ginger syrup (V)

Beverages

Chilled water

Chilled milk

Apple juice (V)



Lunch Menu - Tuesday 2nd October

Starters

Bamboo shoot boiled with pork bones

Cauliflower cream soup with croutons (V)

Indian salad

Main Courses

Stir fried spicy Shanghai noodles with chicken

Fried potato paprika with grilled tomato (V)

Baked broccoli with cheese (V)

Fried dolly fish steak with garlic butter sauce and seasonal vegetables

Sides

French baguette (V)

Choice of steamed riceberry rice or steamed white rice (V)

Salad bar selection (V)

Desserts

Seasonal fruit (V)

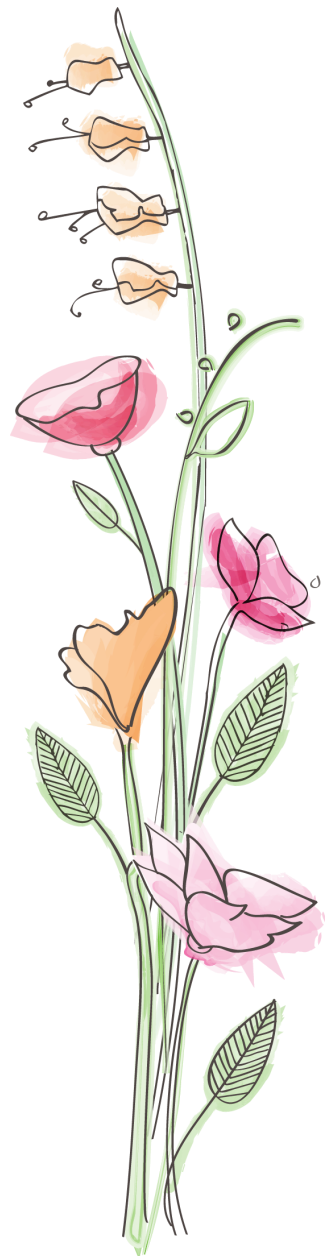
Grass jelly with Tea Latte

Beverages

Chilled water

Chilled milk

Tomato juice (V)



Lunch Menu - Wednesday 3rd October

Starters

Tom yum chicken with mushroom

Pumpkin cream soup with croutons (V)

Grilled fish salad

Main Courses

Dolly fish steak with sauce

Cheese, potato and tomato pie (V)

Tofu wrapped in Chinese cabbage with soy sauce (V)

Thai sausages and gravy

Sides

French baguette (V)

Choice of steamed riceberry rice or steamed white rice (V)

Salad bar selection (V)

Desserts

Seasonal fruit (V)

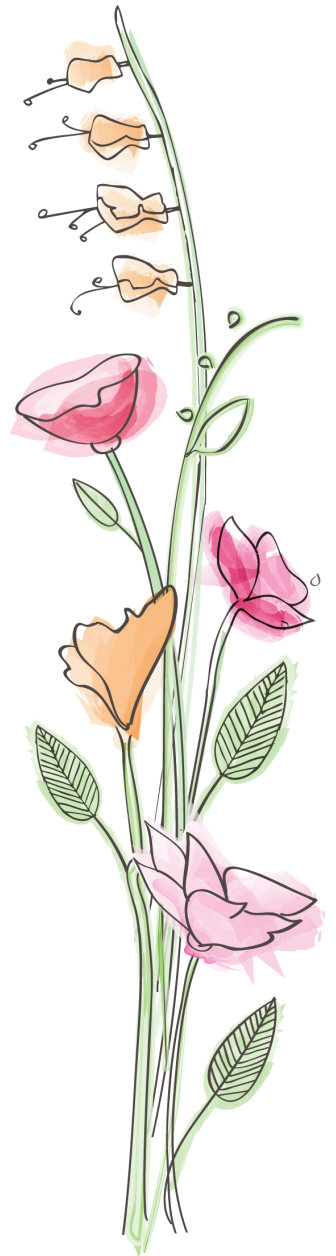
Mixed fruit roll (V)

Beverages

Chilled water

Chilled milk

Pandanuse juice (V)



Lunch Menu - Thursday 4th October

Starters

Tom yum pork stew noodle soup

Spinach cream soup with croutons (V)

Corn salad

Main Courses

Papaya mixed with carrot and fruit salad (V)

Traditional beef lasagne

Panang mushroom curry (V)

Pork chop with seasonal vegetables

Sides

French baguette (V)

Choice of steamed riceberry rice or steamed white rice (V)

Salad bar selection (V)

Desserts

Seasonal fruit (V)

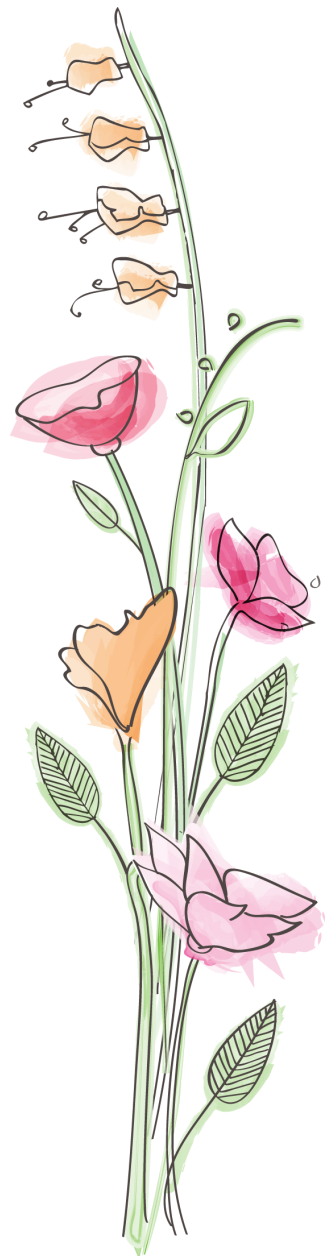
Rainbow Thai glutinous rice balls (V)

Beverages

Chilled water

Chilled milk

Lemon juice (V)



Lunch Menu - Friday 5th October

Starters

Noodles with roast red pork

Corn cream soup with croutons (V)

Caesar salad

Main Courses

Stir fried seafood with ginger

Battered fish and chips with seasonal vegetables

Thai mixed vegetable soup (V)

Pasta with tomato and garlic (V)

Sides

French baguette (V)

Choice of steamed riceberry rice or steamed white rice (V)

Salad bar selection (V)

Desserts

Seasonal fruit (V)

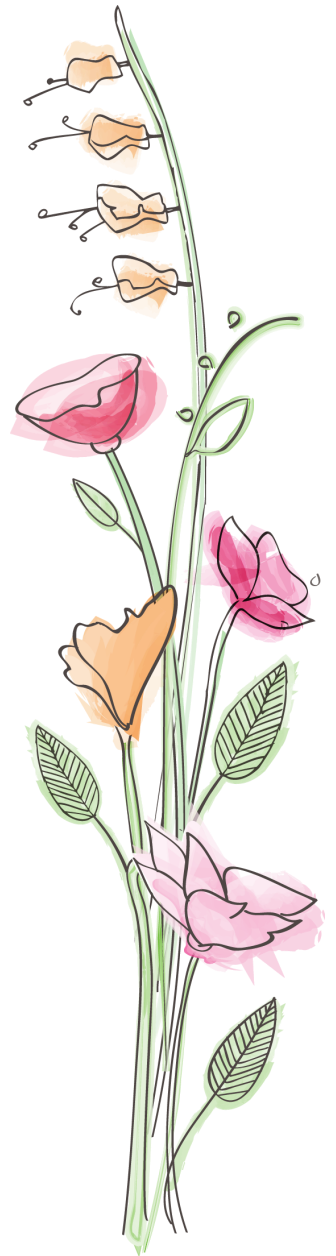
Strawberry cheesecake and ice cream (V)

Beverages

Chilled water

Chilled milk

Longan juice (V)



Lunch Menu - Saturday 6th October

Starters

Hot and sour smoked dry fish soup

Creamy tomato soup with croutons (V)

Cucumber salad (V)

Main Courses

Fish in butter and chips

Fried potato skins with tomato salsa and sour cream (V)

Pasta with cheese and berry sauce (V)

Spicy minced pork mixed with noodles

Sides

French baguette (V)

Choice of steamed riceberry rice or steamed white rice (V)

Salad bar selection (V)

Desserts

Seasonal fruit (V)

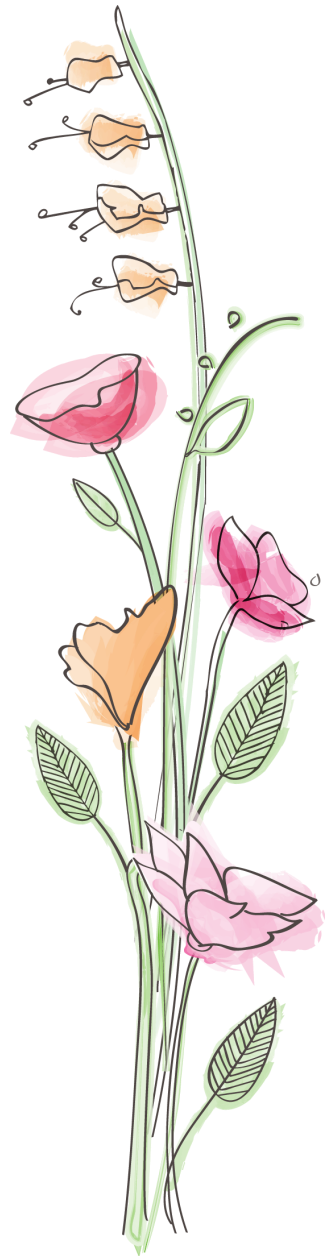
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Beverages

Chilled water

Chilled milk

Mixed fruit and veggie juice (V)



Lunch Menu - Sunday 7th October

Starters

Thai rice flour noodles with hot soup

Cauliflower cream soup with croutons (V)

Caesar salad

Main Courses

Stir fried minced chicken breast with hot yellow sauce

Butter pork and seasonal vegetables

Sushi vegan (V)

Lyonnaise potatoes (V)

Sides

French baguette (V)

Choice of steamed riceberry rice or steamed white rice (V)

Salad bar selection (V)

Desserts

Seasonal fruit (V)

Creamy coconut tapioca and corn pudding (V)

Beverages

Chilled water

Chilled milk

Grape juice (V)

