St. Stephen's International School
"Where East meets West"

Lunch Menu

epicure catering

Week day Date	Monday 03/10/22	Tuesday 04/10/22	Wednesday 05/10/22	Thursday 06/10/22	Friday 07/10/22
Morning Snack	Mini Cinnamon Roll	Spinach pie	Ham sandwich	Cornflakes	Ham Toast
Salad	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Main Western	Chicken Stroganoff	Chicken pie	Marinated chicken	Chicken Kiev	Roasted Pork with Mushroom Cream Sauce
Main Western	Breadcrumbed pork	Grilled pork with rosemary sauce	Pork roll with mushroom cream sauce	Baked Fish	Chicken Stew
Vegetables	Broccoli & carrots	Buttered vegetables	Carrot sticks	French beans	Garden vegetables
Potatoes	Sweet corn & potatoes	Spud potatoes	Golden coin potatoes	Parmentier potatoes	Roasted Potatoes
Asian Food	Stir fried sponge gourd with shrimps	Stir fried chicken with garlic	Boiled eggs in Tamarind Sauce	Stir freid Crispy Pork with Kale	Chicken Massaman
Asian Food	Pork curry with water spinach	Spicy vegetables & prawn soup	Coconut milk soup with seafood	Boiled eggs in brown sauce	Gourd Soup
Live Cooking	Pasta with seafood	Pork tonkatsu	Korean glass noodles	Fried noodles with soy sauce & pork	Fruit crepe with orange syrup & ice cream
Noodles	Yellow noodle soup with red pork	Ramen noodle soup with pork	Rice noodle soup with pork	Giam Ee noodle soup	Pork Lard Na
Fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits
Dessert	Caramel custard	-	Thai sweet sticky rice with black beans	-	Ice cream
Afternoon Snack	Banana Cake	Ham Melt	Danish Custard	Ham Twist	Seasonal fresh fruits
Fruit Juice	Fruit juice	Fruit juice	Fruit juice	Fruit juice	Fruit juice