

## **Early Years Menu**



Week day Date	Monday 29/01/24	Tuesday 30/01/24	Wednesday 31/01/24	Thursday 01/02/24	Friday 02/02/24
Morning Snack	Grilled Ham & Cheese	Ham twist	Chicken <b>So</b> ndwich	French Toast	Croissant
Salad	Salad bar	Salad bar	Saladbar	Salad bar	Salad bar
Main Western	Provencal Fish	Beef Stroganoff	Chicken Tandoori	Griled Pork with Honey Mustard	Fish & Chips
Soup	Tofu & Minced Pork Soup	Omelette Soup	Clear soup with Egg Tofu	Minced Chicken Soup	Winter Melon Soup
Vegetables	Pumpkin	Mixed vegetables	Vichy <b>Ca</b> rrots	Baked Spinach with Cheese	Garden vegetables
Potatoes	Rösti	Sweet Corn Potatoes	BombayAloo	Gratin Dauhionois	French Fries
Asian Food	Stir Fried Vegetables with Pork	Fried Fish in Spicy Herb Salad	Pork <b>Vin</b> daloo	Chicken Sweet & Sour	Stir Fried Chicken with Waternut
Noodles	Yen Ta Fo	Rosted Red Pork with Egg Noodles	Chicken Laksa	Noodles with Pork Soup	Rolled Rice Noodles in Five-spices Broth
Fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits
Dessert	Panna Cotta	-	Salim	-	lce cream
Afternoon Snack	Chocolate Stick	Pain au Chocolat	Spinach Cheese Bread	Brownie	Red Jelly
Fruit Juice	Fruit juice	Fruit juice	Fruit Dice	Fruit juice	Fruit juice



