

## Early Years Menu



Week day Date	Monday 28/10/2024	Tuesday 29/10/2024	Wednesday 30/10/2024	Thursday 31/10/2024	Friday 01/11/2024
Morning Snack	Pancake	Ham Melt	Steamed Bun	Cornflackes	Cheese Toast
Salad	Salad bar	Salad bar	★ ** Salad bar	Salad bar	Salad bar
Main Western	Fish Finger	Grilled Pork with Rosemary Sauce	Steamed Dory with Soy Sauce	Roasted Pork with Gravy	Flsh & Chips
Soup	Minced Pork Soup	Clear Soup with Egg	*Bak Kut Teh	Shredded Chicken Soup	Tofu Soup
Vegetables	Broccoli & Tomatoes	Buttered Vegetables	Stir-Fried Bok Choy with Oyster Sauce	Stir-fried Water Spinach	Garden Vegetables
Potatoes	Spud Onion	Potato Croquettes	Stir-Fried Potatoes Sichuan Style	Parmentier Potatoes	French Fries
Asian Food	Stir Fried Zucchini with Egg	Dark Soy Fried Rice	Pad Mee Sua with Pork	Egg in Sweet Brown Sauce	Soup with Tofu & Minced Pork
Noodles	Noodles Pork Braised	Noodles with Fish Ball	Maw Fish Water Red	Noodles Chicken Shredded	Khanom Jeen with Coconut Milk Sauce
Fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits	Seasonal fresh fruits
Dessert	Tao Tueng	-	Pana Cotta	-	Ice cream
Afternoon Snack	Chocolate Cookies	Coconut milk jelly	Danish Pastry	Chocolate Stick	Vegetable Spring Roll
Fruit Juice	Fruit juice	Fruit juice	** Fruit juice	Fruit juice	Fruit juice



