





Week day Date	Monday 11/11/2024	Tuesday 12/11/2024	Wednesday 13/11/2024	Thursday 14/11/2024	Friday 15/11/2024
Morning Snack	Grilled Ham with Cheese	Strawberry Yogurt	Cream Bun	Cornflakes	Ham Tweets 
Salad	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad bar 
Main Western	Baked fish	Pork Ball	Pork Yakisoba	Chicken in Gravy Sauce	Fish & Chips 
Soup	Pumpkin Soup	Stewed Chicken Soup	Miso Soup	Watery Egg Soup	Winter Melon Soup with Chicken 
Vegetables	Mixed Vegetables	Broccoli & Cherry Tomatoes	Teriyaki Chicken	Carrot Sticks	Garden Vegetables 
Potatoes	Natural Cut	Duchess Potatoes	Japanese Potato Salad	Roasted Potatoes	French Fried 
Asian Food	Fried Boiled Egg with Tamarind Sauce or Son-in-law's Eggs	Grilled Chicken	Grilled Fish with Soy Sauce	Fried Pork with Garlic	Pork Satay 
Noodles	Pork Wonton Noodles	Shredded Chicken Noodles	Ramen	Fish Ball Noodles	Sukhothai Noodles 
Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits	Seasonal Fresh Fruits 
Dessert	Lod Chong Thai Tang	-	Pineapple Pie.	-	Ice cream 
Afternoon Snack	Chocolate Stick	Sultana Roll	Chocolate Croissant	Sausage Rolls	Pandan Coconut Danish 
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice 